# 🔽 Bardy Diagnostics®



## SKIN PREP

# CAM® Quick Reference Instructions

Review complete Instructions For Use online at www.bardydx.com/CAMinstructions before using this product.



NOTE: The activated 10 second

LED blinking will only occur when

the Recorder is connected to the

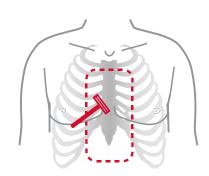
Battrode. No additional blinking

should occur while the CAM is

being worn. Contact Customer

as described.

Service if the LED does not blink



prep pads



#### **SHAVE**

Remove all hair over sternal area by shaving close to the skin. Do not merely clip hair. The prepared area should extend 2 inches past where the Carnation Ambulatory Monitor (CAM) will be placed.

#### **CLEAN**

Use all prep pads provided in the box to clean area shown. SCRUB the skin with the prep pads until they appear clean after use. Skin should be scrubbed well enough to be slightly reddened. Allow the skin to dry for 2 minutes prior to applying.

One

## 2 CAM PREP



On a flat, hard surface insert the narrow end of the Recorder into the Battrode first with the event button facing up, and then push the Recorder down firmly.

A green LED light will blink for 10 seconds to confirm activation.

After the LED activation is confirmed, press down on the event button once to ensure the recorder is clicked firmly in place.

#### **DOCUMENT**

Record the time of CAM activation, which will be required to complete patient registration.



**APPLY** 



#### PEEL

Gently peel the liner from the CAM by grasping the tab at the top of the device and peeling downward, carefully avoiding contact with the adhesive.

#### LOCATE XIPHOID PROCESS

Locate the bone at the bottom of the sternum. This is the xiphoid process.

Apply the CAM to the patient's sternum with the bottom part sitting over the xiphoid process. Press along the entire edge of the patch for 2 minutes and rub firmly around the edges of the patch for 1 minute to ensure adhesion. Place two fingers below the event button and press down firmly to adhere the top of the CAM to the patient's chest.





Two

Three

Record Symptoms

Four

### **RECORD SYMPTOMS**

ptoms include: lpitations		
pitations		
	5 Shortness s 6 Exercise-Re 7 Other	
te/Time: 05 / 2	5 / 21   6	: 37 AM PM
mptom: 2 Ot	er:	
te/Time: MM / D	D/YY HH	: MM AM PM
	mptom: 2 Oth	nest Discomfort/Pain ste/Time: 05 / 25 / 21   6

#### PRESS BUTTON

Instruct patients to gently press the button only once each time they feel symptoms, and record the date/time in the Patient Diary (included). Do not press button repeatedly or forcefully.

#### **REVIEW**

Give the patient the Patient Diary and CAM box and explain their use. Review all instructions and Cautions and advise patient to avoid showering, bathing, or exercising for 24 hours following application, and thereafter avoid activities or environments that result in excessive perspiration, as this may result in a decreased period of monitoring.









#### LINK THE CAM ID NUMBER TO PATIENT

Barcode stickers with the CAM identification number are found inside the CAM box and must be placed on the patient's chart or typed into the patient's EMR.

IMPORTANT: Fill in all information on the front page of the Patient Diary, including the patient name, date/time when the CAM is activated, physician name, and hospital/clinic.

#### **REGISTER**

Register the patient as early as possible on the BDxCONNECT patient management portal.

#### IN THE BOX







Recorder (packaged inside CAM box)



Patient Diary and Quick Reference Instructions (inside CAM box)

The Carnation Ambulatory Monitor is a continuously recording ambulatory ECG monitor that records for up to the prescribed duration of wear time.

#### **Indications for Use**

The CAM is designed to provide extended duration cardiac monitoring for people who are suspected of having cardiac arrhythmias.

#### **Patient Population**

The intended patient population includes both males and females not weighing less than 10 kg (22 lbs) who may have cardiac arrhythmias

#### /!\ CAUTION STATEMENTS

CAUTION: Proper skin prep required to achieve duration of prescribed wear time.

CAUTION: Touching the adhesive can reduce adhesive performance. When peeling the liner from the back of the Battrode, hold onto the tabs at both ends.

CAUTION: Inability to diagnose if patient and physician data is missing. The Patient Diary card must be kept with the CAM to ensure proper diagnosis.

For assistance in setting up, using, and maintaining the CAM, or to report unexpected operations or events.

Contact us: Bardy Diagnostics, Inc.®

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Bellevue, WA 98005

**USA** 

US Customer Service: (844) 777-9283

#### OPERATIONAL INSTRUCTIONS

If the CAM becomes soiled, patient may gently wipe exterior of device, using a clean, dry cloth. If Battrode becomes loose or detached from skin, patient should press the adhesive portions of monitor back in place.

If you do not see the confirmation blinking LED upon initial connection of the Battrode and Recorder, contact Bardy Diagnostics Customer Service.

#### **TROUBLESHOOTING**

See Operational Instructions above OR Visit www.bardydx.com for more information.



By prescription only

#### **FAQS**

If you have questions regarding the **Carnation Ambulatory Monitor, visit** our website:

www.bardydx.com